



2-day Residential Workshop

Counseling Skills for Social Workers and Health Care Professionals

24-25 June 2024



Course Concept:

Counseling or psychotherapy is yet to gain momentum in India even though its users are more than ever increasing in the recent times. Be it in Families, among Students, youth or young workers, mental strain is affecting them more than physical exhaustion. The same story is also said of senior citizens, those about to retire from job, elders sitting at home alone, often unwanted, those placed in old age homes and those in hospitals and special care institutions. Ms. Malathy Iyer the Senior Editor (Health) at The Times of India, Mumbai opines that one out of ten persons in India is depressed today and requires psychological support.

The world requires more counselors than doctors today. Counseling is one of the most important tools for resolving personal problems and to develop the potentialities of individuals to cope up with and take effective measures to face challenges by bringing the change they need in their attitude and behavior.

The workshop objectives:

- Stages of counseling
- Frameworks and various Interventions
- Discuss the importance of counseling skills to promote quality of life.
- Explain the Types, Process and Techniques of counseling and its appropriate use in psychosocial support.
- Demonstrate the use of effective counselling skills for health care issues, particularly in Reproductive and Child Health Programmes, Young, Family and Adolescent Health.

Methodology:

The 2-day workshop will use more of practical demonstrations, role plays, case study analysis, as well as updates on the recent development in the field of Counseling using Visual and Group media.

Who can participate:

Social workers, Practicing Counselors, School Teachers, Medico-Social Workers & family counselors, Nurses & Counselors working in Homes for the aged & challenged, as well as NGO staff working in the areas of Reproductive Health, HIV/AIDS, MCH and other health related projects and programmes.

Facilitator: The course will be led by KKF Co-Creator, Mr. Raguraman.K a Certified Psychodrama Director, Master Coach and Trainer, Coimbatore, India. He has trained entrepreneurs, faculties, executives, supervisors, factory employees, teachers, parents, trainers & social workers. Thousands of Students have had benefited through his Training, Counseling and Coaching sessions. He has been facilitating an ongoing psychodrama training-group, both online and personalized.

For online registration, please click <https://forms.gle/KyJBGoHG9GcqCM7ZA> to register. Your registration will be confirmed by mail.

For more details kindly visit www.kkfindia.com or write to trainings.desk1@kkid.org or call **9047698422**.